



M E H M E T C . A G A B I G U M M . D . P . C .

INSTRUCTIONS FOR PATIENTS WITH P.E. TUBES

EAR PROTECTION:

Water should never be allowed to enter the ears while the tubes are in place.

Before bathing or showering, place Vaseline soaked cotton in the ear rather tightly, or use Mack's Earplugs (most drug stores carry it).

For swimming, in addition to plugs, a tight swimmer's caps should be used. The head should never be under water.

Please note that DOC's Earplugs and Ear-bands, as well as custom Ear Protection for noise and water is available to purchase at our office. Please enquire if interested.

REMOVAL:

Ventilating tubes are not usually removed, but fall off into the ear canal sometime after surgery. The average is about 1-1½ years. The status of P.E. tubes will be followed periodically as indicated by the surgeon.

EAR DISCHARGE:

The patient should not have any discharge after the first 1-2 days following the surgery. In case of any other discharge or persistent pain, please call the office.

POSSIBLE SENSATIONS:

The patient may experience a certain amount of pulsation, popping, clicking, and a feeling of fullness. **Occasional sharp, shooting pains are not uncommon.** Over-the-counter pain medicine may be tried if necessary.

POST-OPERATIVE CHECK:

If you do not already have an appointment for a post-operative check 7-10 days after surgery, please contact the office.

APPOINTMENTS:

The patient must be checked every 3-6 months to see if the tubes are in place and functioning. Remember, only your surgeon can tell if the tubes are in place.